

ROTARY CLUB OF HAYWARD

High Gear



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Editor: Mary Caldwell

The 26th Meeting of the 87th year was called to order by President **John Caldwell**. The Pledge to the Flag was led by **Marie Elena Rivera**. God Bless America was led by **George Pacheco**. **Del Della-Dora** shared the Thought for the Day by Martin Luther King, Jr.: *Everybody can be great... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace; a soul generated by love.*

WELCOME VISITING ROTARIANS!

Visiting Rotarians were Area Two Assistant District Governor Bonnie Best, wellness consultant of San Leandro Rotary; Bob Tucknott, electrical contractor of the Dublin Club; and Gary Schwaegerle, real estate/investments, from the Rotary Club of Pleasanton. **President John** then introduced special Rotary Guest Ceta Dochterman, Castro Valley Rotary, and sister of Past Rotary International President Cliff Dochterman. In 1978, Ceta's brother Cliff was named one of three co-chairpersons of Rotary's Health, Hunger and Humanity Committee; and, as such, is described as architect of the worldwide program of humanitarian service. He also has served as chairperson of Rotary's New Horizons Committee that created a goal to immunize all children in the world against polio and other childhood diseases. The "Polio Plus" Program has successfully eliminated Polio in all but four countries in the world. Rotary International has presented him with its Distinguished Service Award and the Polio Plus Pioneers Award for his humanitarian work throughout the world and his early leadership in creating the Polio Plus Program.

WELCOME TO OUR GUESTS

We had three guests of Hayward Rotarians: First was Andrea Brooks, Advance Coordinator for the Chamber, guest of **Laura Swan**. Andrea mentioned the Hayward Chamber Annual Gala Awards Night held Friday, January 30 at Centennial Hall. Contact her at the Chamber or e-mail andrea@hayward.org. Second was Shannon Brown who was the guest of **Jim Weider**. She invited us to attend the Eden Area YMCA Martin Luther King, Jr. Fellowship Breakfast, Wednesday, January 14 at CSUEB (call the YMCA for tickets). Our third guest was Nicole Reams, commercial real estate broker here on her third visit, introduced by **Dave Elkins**. We then welcomed our visiting Rotarians and guests with a rousing rendition of the Hello Song led by **Charley Plummer**.

BLUE BADGE PRESENTATION

President John was delighted to award a Blue Badge to **Andy Krake**. **John** also acknowledged **Andy's** sponsor **Ed Bullok** who has sponsored 8 new members.

Congratulations to both **Andy AND Ed!**





ANNOUNCEMENTS

Debbie De Angelis reported that the CSEB Homecoming Week will begin January 26th. On the 29th and 31st there will be two basketball double-headers with the women's games at 5:30 and the men's games at 7:30 PM. **Charley Plummer** is on the Board of Directors for the regional Red Cross. He maintained our rapt attention with an interesting talk regarding the huge need for blood donations. Call 1-800-GIVE-LIFE or visit BeADonor.com to make an appointment. **Charley** quipped that he has given blood every eight weeks for fifty years—what an amazing record of service! **Tom Gratney** is already fishing for volunteers for Let's Go Fishing held this year on Wednesday, April 29, at Lake Chabot. Contact **Norma Rees** if you can help her out at this month's Salvation Army dinner, Sunday, January 25th. She is very grateful for all the support from Hayward Rotarians this year and noted that between 65 and 80 dinner guests have been attending the meals each Sunday. **Joe Vilardi** asked that we look for old photos, records, or other artifacts that might be donated to the Hayward Area Historical Society from the Russell City/Hayward area. The Society's website is haywardareahistory.org.

AG Bonnie Best announced that this year's District Rotary spring gathering will be a celebration held at the Santa Clara Marriott from April 17-19. She shared a few early tidbits with us: Past Rotary International President Rick King will talk to new Rotarians, Dave Drebecki, past Giants pitcher and current motivational speaker will share his experiences overcoming cancer, thereby changing his career. In addition, there will be a visit from the "Rat Pack" (Frank Sinatra, Dean Martin, Sammy Davis, Jr., and Joey Bishop impersonators). There will be no golf tournament this year, but there will be a tennis tournament. More information will be forthcoming soon.

FUN WITH FINES

Ed Mullins was recognized for having his "mug: in the Tri Valley Voice. Even though he protested he was fined \$20. **Mike Mahoney** was featured in the San Francisco Business Times for receiving a 1.5 million dollar government grant. **Pam Russo** and **Mike** were doubly recognized by **President John**. Mike and Pam heartily discussed each other's involvement in preparing the grant until **Dave Elkins**, St Rose Board Member, thankfully interceded by donating \$20 to the Foundation in the Hospital's name. **Mike Mahoney** noted that **Dave Elkins** has donated a large quantity of blood. Dave replied that he has donated seventeen gallons! **Mike Mahoney** then felt obligated to donate another \$40.

VOCATIONAL TALK

Terry Lee, President, Moreau High School, has been at Moreau for eleven years. He is from Blackstone Massachusetts where his parents taught his siblings and him that volunteering is important. A pivotal moment in his life was when he was in the Fordham University admissions office and received a call from his senator Ted Kennedy that his application to the U.S. Senate Youth Program had been accepted as the State Representative. After graduation from Fordham as an English major he became a third grade teacher; then a copywriter in New York. In 1994 he ventured to San Francisco where he opened a business (San Francisco Gourmet) with friends; then another on Filmore; then one more in Montclair.

Terry used the proceeds from selling the business to attend graduate school before joining Moreau's faculty as a teacher; then activities director; and finally Principal for seven years before his current position as President.

Have you visited our website lately? www.haywardrotary.org





Terry noted that his experience running a small business (marketing, inventory, etc.) was good training for running a school. Special interests of his at Moreau are the Funabashi Exchange Program and fundraising (golf tournament and crab feed—January 24th). He enjoys traveling and visited Japan, China, Malaysia, Singapore and “all through Europe.” **Terry** related to us that his “life has always been about service.” He will certainly fit well in the Hayward Rotary Club where our motto is “Service above Self.”

Del DellaDora introduced our speaker David Larwood. David startled us by beginning his presentation with a wonderfully creative and humorous song on visiting a doctor for an annual physical who prescribes “junk food” instead of healthy food. The last line of the song is “Let’s Have Lunch at KFC.” Having quickly drawn our attention and interest, he then told us that his father Tom Larwood was a medical missionary building a new hospital in Korea in 1955 when young David contracted polio. A few days later, Tom also came down with the disease. As a result, Dr. Tom refocused his practice on internal medicine. David spent hours and days, months and years in therapy and gradually was able to learn to walk. His family didn’t allow him to feel sorry for himself. The family also helped him understand that obstacles come in all forms. His was (and is) a visible handicap and he learned that support from family and community could help him (and all of us) overcome almost anything.



He shared some of the history of polio with us: During the first fifty years of the 20th Century there were 230,000 cases a year. The Salk vaccinations began in 1955 and the Sabin oral vaccine became available in 1961. The Polio Plus Program began in 1985 with \$120MM in Rotary pledges. The Gates Foundation offered a \$100 MM matching grant in 2007.

David is the grandson and son of Rotarians. His step-mother is a Rotarian. He pursued PHD studies in medicinal chemistry, and after a career in high tech law, founded Valley Fever Solutions to develop a new class of anti -fungal compounds. He also has just finished a MBA program! And, he is a scuba diver!

He spoke to us on how he has dealt with polio while helping others with hidden disabilities. To David polio is a metaphor for challenges each of us face some visible (such as stress at work) and some less visible (lack of confidence). We can indeed Climb Every Mountain!

NEXT WEEK: DARK—NO MEETING

NEXT MEETING:

January 26th Great New Things Happening in Hayward!

Charles McKeag, developer, Citation Homes, SCS Development Company, will address the housing market and give us an update on the Hayward Burbank/Cannery Project.

January 26th Hank Sullivan will talk on Time Management

Hayward Rotary Club Calendar

- Jan 19 Charles McKeag, Citation Homes - SCS Development Co. Developer, address the housing market and update on the Hayward Burbank/Cannery Project.
- Jan 26 Hank Sullivan - Strategic Solutions - Time Management.
- Feb 2 Annual Youth Speakers Contest.
- Feb 9 T.J. Roethe, author of "Just in Case... Everything a family should know" Emergency preparedness.
- Feb 16 DARK - Washington's Birthday (President's Day)

Need to find or confirm a Location?

Visit the District 5170 Website @ <http://www.rotary5170.org>



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June 1, 1922 • California
Club No. 482

www.haywardrotary.org

Email: hayrotaryclub@sbcglobal.net

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Hayward Rotary Club
P.O. Box 629
Hayward, CA 94543

First Class Mail

www.haywardrotary.org

